

## ...IF I'M SEXUALLY ASSAULTED?

## **SAFETY FIRST!**

- FIND A SAFE LOCATION AND CALL FOR HELP. IF AN EMERGENCY, CALL CAMPUS SAFETY: 484-664-3110 OR 911
- IF YOU WERE PHYSICALLY HARMED, SEEK IMMEDIATE MEDICAL ATTENTION. CAMPUS SAFETY CAN TRANSPORT YOU TO THE HOSPITAL AND ALSO CONNECT YOU WITH THE NURSE ON CALL.
- YOU CAN ALSO CONTACT THE NEAREST LEHIGH VALLEY HOSPITAL @ 17th ST & CHEW ST: 610-402-8000. TRY TO PRESERVE AS MUCH EVIDENCE AS POSSIBLE.

## **SUPPPORT & RESOURCES**

- TO TALK THINGS OVER CONFIDENTIALLY, CONTACT COUNSELING SERVICES (24/7): 484-664-3178, HEALTH SERVICES (M-F): 484-664-3199, OR THE CHAPLAIN (M-F): 484-664-3120
- TO MAKE A REPORT, CONTACT CAMPUS SAFETY (24/7): 484-664-3110, EQUITY & TITLE IX (M-F): 484-664-3562, OR DEAN OF STUDENTS (M-F): 484-664-3182
- TO MAKE A REPORT ONLINE, (CAN REMAIN ANONYMOUS) VISIT: www.muhlenberg.edu/webapps/incidentreporting/
- TO TALK TO SOMEONE CONFIDENTIALLY OFF-CAMPUS, CONTACT THE CRIME VICTIMS COUNCIL: 610-437-6611 OR RAINN: 800-656-HOPE (4673)

## NO MATTER WHAT, SEXUAL VIOLENCE IS NEVER YOUR FAULT. ...IF MY FRIEND IS SEXUALLY ASSAULTED?

- SAFETY FIRST! (SEE ABOVE TIPS) LET THEM KNOW YOU ARE HERE FOR THEM. IF YOU DON'T KNOW WHAT TO SAY, JUST TELL THEM, "I'M GLAD YOU TOLD ME," AND ASK, "HOW CAN I HELP?"
- DON'T ASK IF THEY WERE DRINKING, WHAT THEY WERE WEARING, OR ANY QUESTIONS THAT MAKE IT SEEM LIKE THEY ARE TO BLAME.
- OFFER TO CONNECT THEM TO THE RESOURCES LISTED ABOVE.
- BE HONEST ABOUT YOUR CAPACITY. DON'T FEEL LIKE YOU HAVE TO SAVE THEM OR SOLVE THE PROBLEM YOURSELF. IF YOU FEEL IN OVER YOUR HEAD, ASK FOR HELP!

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